U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES OFFICE OF MINORITY HEALTH ADVISORY COMMITTEE ON MINORITY HEALTH

October 16, 2018 via Conference Call

Meeting Summary

Committee Attendees

Paul Juarez, Ph.D., Chair Linda Frizzell, Ph.D. Gregory J. Maddox, II, M.D. Rea Pañares, M.H.S. Veronica Parker, Ph.D. Isabel Scarinci, Ph.D., M.P.H. Winston F. Wong, M.D.

Federal Staff

Alexis Bakos, Ph.D., M.P.H., R.N., Senior Advisor to the Deputy Assistant Secretary for Minority Health, Office of Minority Health (OMH), U.S. Department of Health and Human Services (HHS)

Violet Woo, M.S., M.P.H., OMH, Disease Prevention Lead, Division of Policy and Data, OMH, HHS (Designated Federal Officer (DFO), Advisory Committee on Minority Health (ACMH) Minh Wendt, Ph.D., Data Policy Lead, Division of Policy and Data, OMH, HHS (Alternate DFO, ACMH)

CAPT Damian Killsback, Acting Director, Division of Policy and Data, OMH, HHS

SUMMARY

Opening Remarks and Roll Call

Paul Juarez, Ph.D., Chair, Advisory Committee on Minority Health (ACMH or Committee) Violet Woo, M.S., M.P.H., DFO, ACMH

Ms. Woo welcomed committee members to the meeting and confirmed that a quorum was present.

Dr. Juarez called the meeting to order and noted that this would be his last meeting as a committee member.

Ms. Woo conducted a roll call and introduced new committee member, Veronica Parker, Ph.D., from Clemson University School of Nursing. Dr. Parker introduced herself and stated that she looked forward to her work on ACMH.

Recap of the June 19, 2018 Meeting

Paul Juarez, Ph.D.

Dr. Juarez provided a recap of the ACMH meeting held via conference call on June 19, 2018. At that meeting, committee members discussed the draft report, *Opioid Crisis: Recommendations for Creating a Culturally Sensitive System of Care*, and unanimously approved that it be moved forward for clearance with the discussed edits. The members then moved to the current topic, serious mental illness (SMI), and discussed next steps to compile the recommendations of the three workgroups formed during the March meeting to prepare the SMI recommendations report.

Dr. Juarez noted the agenda for this meeting was to discuss and finalize the recommendations report on SMI and plan for the next face-to-face meeting, which will focus on chronic disease.

Serious Mental Illness Recommendations Report: Discussion and Approval

Paul Juarez, Ph.D.

Violet Woo, M.S., M.P.H.

Ms. Woo noted that the draft recommendations report, *Serious Mental Illness: Recommendations for Culturally Relevant, Community-based, Comprehensive Support,* was included in the meeting materials distributed to committee members.

Dr. Juarez opened the floor for discussion of the recommendations report, by sequential sections of the SMI draft.

Background

Committee members agreed on the following revisions to this section of the draft SMI recommendations report:

- Replace the term "recovery" with "stabilization" throughout the memo and define "stabilization" the first time it appears.
- Change references to "best practices" to "best and promising practices" throughout the document.
- Change "culturally competent" to "culturally sensitive" throughout the document.
- Add "spiritual" and "faith-based" to the list of issues in the last paragraph of page 1.
- Change "community environments" from plural to singular in the last paragraph of page 2.
- Change "people of color" on page 3 to "people of color and American Indians/Alaska Natives."
- Revise the discussion of prevention strategies that include community-level solutions in the second paragraph of page 3 to reflect the need for awareness and readiness.
- Change "patient-centeredness" to "patient- and family-centeredness" in the third paragraph of page 3.

Committee members proposed to change "health care system" to "health and wellness system" in the second paragraph, page 3, because the system is moving in that direction. Ms. Woo pointed out that the language in the draft memorandum reflects the Core Values Statement on the ACMH website. She offered to look into whether and how the wording could be changed on the website.

Prevention

Committee members proposed the following revisions to the recommendations:

- 1. Support collaboration among federal programs, including SAMHSA, Centers for Disease Control and Prevention (CDC), National Institutes of Health (NIH), Health Resources and Services Administration (HRSA), other relevant tribal, state, and local organizations, and community partners with expertise in SMI prevention and treatment services.
 - Add "and other agencies" following the list of federal programs.
- 2. Support social policy and legislation.
 - Remove the reference to legislation.
 - Revise the recommendation to state: "Support social policy that emphasizes prevention and early intervention of SMI."
 - Include the bullet proposed by Ms. Woo: "Consult with and participate in SAMHSA's recently developed Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC)."
- 3. Recommend organizational policy changes.
 - Revise the recommendation statement to include a reference to SMI.
 - Change "evidence-based" to "evidence-based and promising" in the first bullet.
 - Change "diverse constituents" to "diverse stakeholders" in the second bullet.
- 4. Promote collaboration among existing coalitions and networks.
 - Revise the recommendation statement to include a reference to SMI.
 - Add the Prevention Institute and the National Indian Health Board to the list of organizations in the second bullet.
 - Change "evidence-based" to "evidence-based and promising" in the last bullet.
- 5. Enhance knowledge and skills of caregivers about the role of social determinants.
 - Change "caregivers" to "stakeholders" in the recommendation statement.
 - Change "providers" to "service providers" in the first bullet and delete "other key stakeholders."
- 6. Promote community awareness of SMI and knowledge of resources.
 - Incorporate Recommendation 8 to improve the overall flow.
 - Emphasize "community readiness" rather than "community awareness."
- 7. Engage communities in efforts to reduce stigma about SMI conditions and treatment.
 - No changes were proposed.
- 8. Use an asset-based, SMI grants program that addresses the knowledge and skills of diverse communities to achieve positive change and impact.
 - Merge this with Recommendation 6.

<u>Innovative Systems of Care</u>

- Add "resilience" to the community assets listed in the first sentence of the background section.
- Remove the reference to evidence-based models in the fourth sentence.
- Add "and traditions" after "cultural health beliefs" in the second paragraph.
- Add "collaborations" to the first recommendation.
- Revise the bullet under the second recommendation to state "...collective investment and empowerment ..."
- Revise the final recommendation to state, "... team-based systems of care and services."

Effective Data Collection

- Change "real-time" to "timely" and add "validated" to the list in the first bullet in the background discussion.
- Add "such as" to the list of federal agencies in the first and third recommendations to indicate that the lists are not inclusive.
- Revise the second recommendation to begin with a verb so it is parallel with other recommendations.
- Revise the final recommendation to state, "and developing valid methods ..."

Conclusion

- Include a statement that minority communities themselves have the wisdom and acumen to construct support systems that enable them to care for people with SMI, provided they are given the resources and support.
- Present the recommendations in the second paragraph as a numbered list.
- Change "culturally appropriate" to "culturally relevant" in the sentence at the top of page 8.

Dr. Juarez asked committee members to submit all changes from this discussion to Ms. Woo by Friday, October 19. Ms. Woo agreed to circulate the revised draft on Monday, October 22 and prepare a final draft by Tuesday, October 23.

Dr. Juarez called for a motion to accept the draft memo, with changes incorporated as discussed, for submission to OMH. He asked Ms. Woo to circulate the final draft of the SMI recommendations report to ACMH members by Tuesday, October 23.

The motion to accept the SMI recommendation report with the discussed edits was proposed by ACMH and carried by unanimous voice vote.

Upcoming Meeting

Paul Juarez. Ph.D.

Dr. Juarez asked Ms. Woo to provide an update at the next meeting.

Ms. Woo stated that OMH was discussing the possibility of holding the face-to-face meeting during the first week of December in Rockville, MD, subject to members' availability. The theme of the meeting would be chronic disease. It will be important for members to determine

how to address this broad topic and suggest subject matter experts (SMEs) to make presentations during the meeting.

Dr. Juarez polled members regarding their availability and asked Ms. Woo to conduct a Doodle poll for dates in the first and third weeks of December.

Responding to a suggestion to hold the meeting in January, Ms. Woo noted that members who were on extension could not participate and new members had not been finalized.

Committee members discussed how to approach this topic. After discussing various types of chronic disease, they agreed to focus on prevention and early intervention across the lifespan. Potential topics could include the continuum of care for preventable chronic diseases, strategies to increase awareness of social determinants of health, and the importance of stress reduction across the life course. Committee members noted that a prevention approach that addresses a number of precursors can address multiple chronic conditions.

Committee members stressed the importance of developing recommendations that would make an effective contribution to prevention of chronic diseases.

Committee members suggested potential speakers, including.

- Larry Cohen from the Prevention Institute
- Representatives of foundations, such as the Robert Wood Johnson Foundation (RWJF) and the California Endowment
- Chronic disease experts at federal agencies, such as the Centers for Disease Control and Prevention (CDC), the National Institutes of Health (NIH), and the Department of Education
- An expert on social epigenomics to discuss the impact of social experiences on gene function and disease risk
- An expert on adverse childhood experiences.

Committee members agreed to ask speakers to address how their proposed strategies can be applied to various stages of life.

Dr. Juarez asked committee members to submit names of potential speakers for the next inperson meeting to Ms. Woo, including their specialty and contact information.

Public Comments

There were no public comments.

The meeting was adjourned at 2:56 p.m.

ACTION ITEMS

- Committee members will submit revisions for the memo on SMI by Friday, October 19, 2018.
- Ms. Woo will circulate the final draft of the memo by Tuesday, October 23.

- Ms. Woo will send a Doodle poll to determine the dates for the next meeting.
- Committee members will send Ms. Woo the names of potential speakers on chronic disease, including their contact information and specialty.
- Ms. Woo will look into the process of revising the Core Values Statement on the ACMH website.